



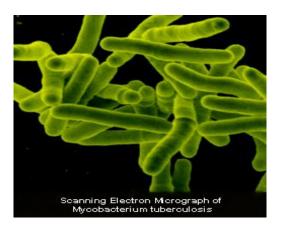
Event: The 7th EAHSC;

Utilization of the Molecular Bacterial Load Assay for the Detection of 16s M.tb rRNA in sputum sample and Monitoring treatment response to the TB patients by PCR (RT-qPCR)

Daniel Adon Mapamba Msc.<sup>1</sup>, Bariki Mtafya, <sup>1\*</sup> John Joseph<sup>1</sup>, Nyanda Elias Ntinginya, <sup>1\*</sup> Norbert Heinrich†\*

<sup>1</sup> National Institute of Medical Research, Mbeya Medical Research Center, Tanzania; † Division of Infectious Diseases and Tropical Medicine Munich, \* Co-authors

## Introduction on Mycobacteria tuberculosis (M.tb)







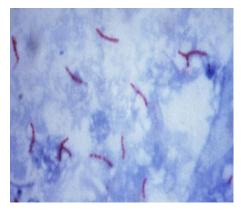
Mycobacterium tuberculosis (M.tb) is an obligate pathogenic bacteria, the causative agent of tuberculosis (TB) disease.

The disease spread from person to person by aerosol route and causes about 2 million death annually.

- → Advanced diagnosis and effective monitored treatment is needed to alleviate the disease
- → Sputum is the most commonly used biological sample for disease diagnosis.

## Current methods of M.tb detection: smear microscopy







#### **Limitations of smear Microscopy**

- → Many patients' sputa are smear negative, while they still have M.tb (sensitivity varies between 35-80% in routine clinical practice).
- → As low as 20% among HIV-infected patients.
- → There is a limit of detection; 10<sup>4</sup> bacteria required to detect by smear.
- → Detect both live and dead cells

## MGIT – Mycobacteria growth indictor tube system



#### **Advantages**

Fully automated system

Gold standard method

Can be used to monitor treatment response

#### **Disadvantages**



Expensive



Prone to contamination



Decontamination kills some bacilli



1<sup>st</sup> automated rapid, sensitive molecular platform for diagnosis and simultaneously detection of MDR cases





Not useful for monitoring treatment response

## Serial colony count by agar plate, CFU

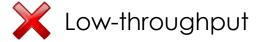
#### **Advantages**

- ✓ Gold standard method
- ✓ Useful to monitor treatment response
- Quantitatively detect viable bacilli

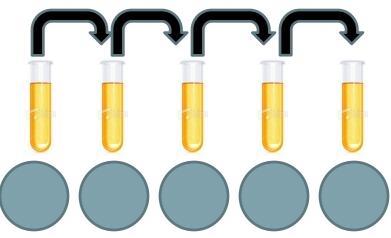
#### Disadvantage

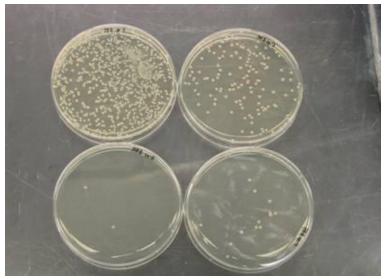






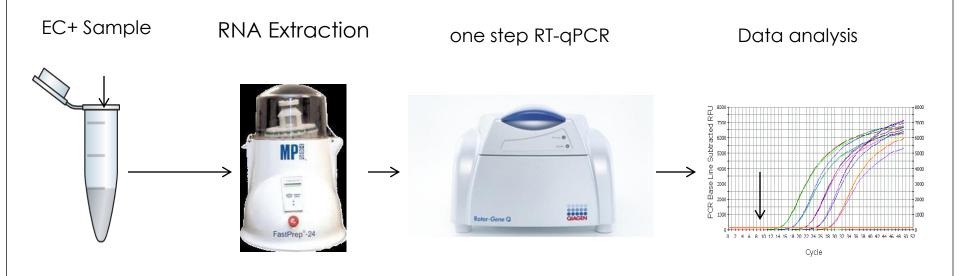
Prone to contamination





### Molecular Bacterial Load Assay

- > The assay uses RNA as a starting material
- ➤ RNA are extracted from sputum preserved with GTC + B-Me by giagen protocol



➤ Quanitect RT-qPCR: MBL is run in a duplex reaction, using 2 different probe/primer sets, one set for Internal control and the other for 16S rRNA gene

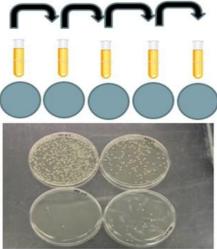
## Specific Objectives

- → To validate the new diagnostic technique that can be able to timely detect M.tb and monitor treatment response to the TB patients who are under medical care
- → Comparing time to results between MBL assay and conventional diagnosis methods

#### Practical set up

- → Total of 255 sputum samples, obtained from PanACEA TB studies at NIMR-Mbeya were used for MBL assay validation in parallel with conventional methods.
- →213 samples were used to set MBL and MGIT culture only 42 used for Agar plate
- →5 ml frozen samples were thawed and spiked with 100 ul of Internal control prior to RNA extraction procedures







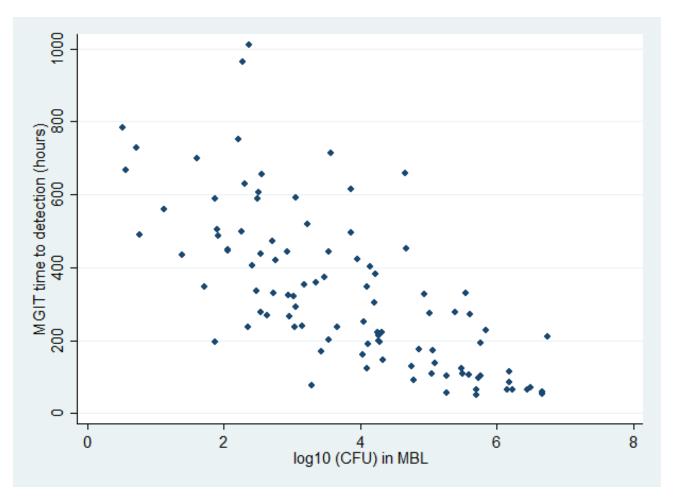
## Relationship between MGIT and MBL assay on M.tb detection

	MBL negative	MBL positive	Total
MGIT negative	26	23	49
	(41.94%)	(15.23 %)	(23.00%)
MGIT positive for TB	12	89	101
	(19.35 %)	(58.94 %)	(47.42 %)
MGIT positive for TB and for contamination	0	4	4
	(0.00%)	(2.65%)	(1.88%)
MGIT contaminated	24	35	59
	(38.71%)	(23.18%)	(27.70%)
Total	62	151	213
	(100.00%)	(100.00%)	(100.00%)

# Relationship between solid culture and MBL assay on M.tb detection

Solid culture (agar plate)	MBL assay result			
	Negative	Positive	Total	
Negative	3	12	15	
	(100%)	(30.8%)	(35.7%)	
Positive	0	27	27	
	(0.00%)	(69.2%)	(64.3%)	
Total	3	39	42	
	(100%)	(100%)	(100%)	

#### Quantitative correlation between MGIT a MBL



**Fig 1.** Spearman correlation at rho: -0.76 with strong negative correlation between MGIT and MBL assay of 213 samples

# Bacterial load response to treatment measured by MBLA, MGIT and solid agar plate

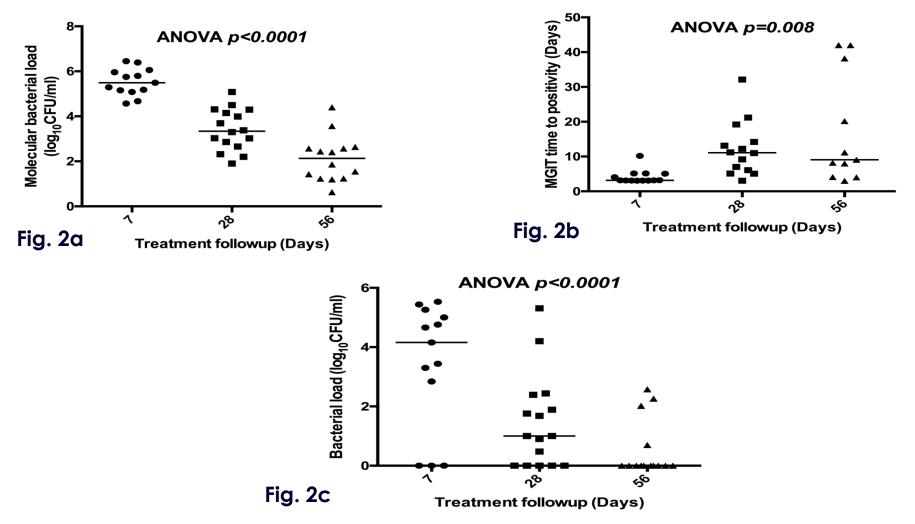


Fig. 4 bacterial load decline from day 7 to day 56 by 2a. MBL, 2b. MGIT and 2c.SCC

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### Summary

Medium- high throughput

Avoid contamination

Easy to perform

Molecular based assay

Rapid

Standard method under Predict TB

- MBL assay can be used to monitor treatment response to patients who are under medical treatment following its sensitivity and ability to identify viable M.tb
- Ability to detect viable-non culturable M.tb (M.tb in dormancy state)
- Conclusively; the MBL assay is a novel Molecular test useful for viability testing of M.tb following on technical advantages over culture methods.

#### Outlook

- The assay lacks drug susceptibility testing of M.tb
- Require many consumables (tips and tubes)
- •In future plan is to use the assay to detect M.tb from urine samples of co infected individuals,
- More thoughts should be focused on
  - ☐ Invention technologies i.e point of care testing and speciation methods

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